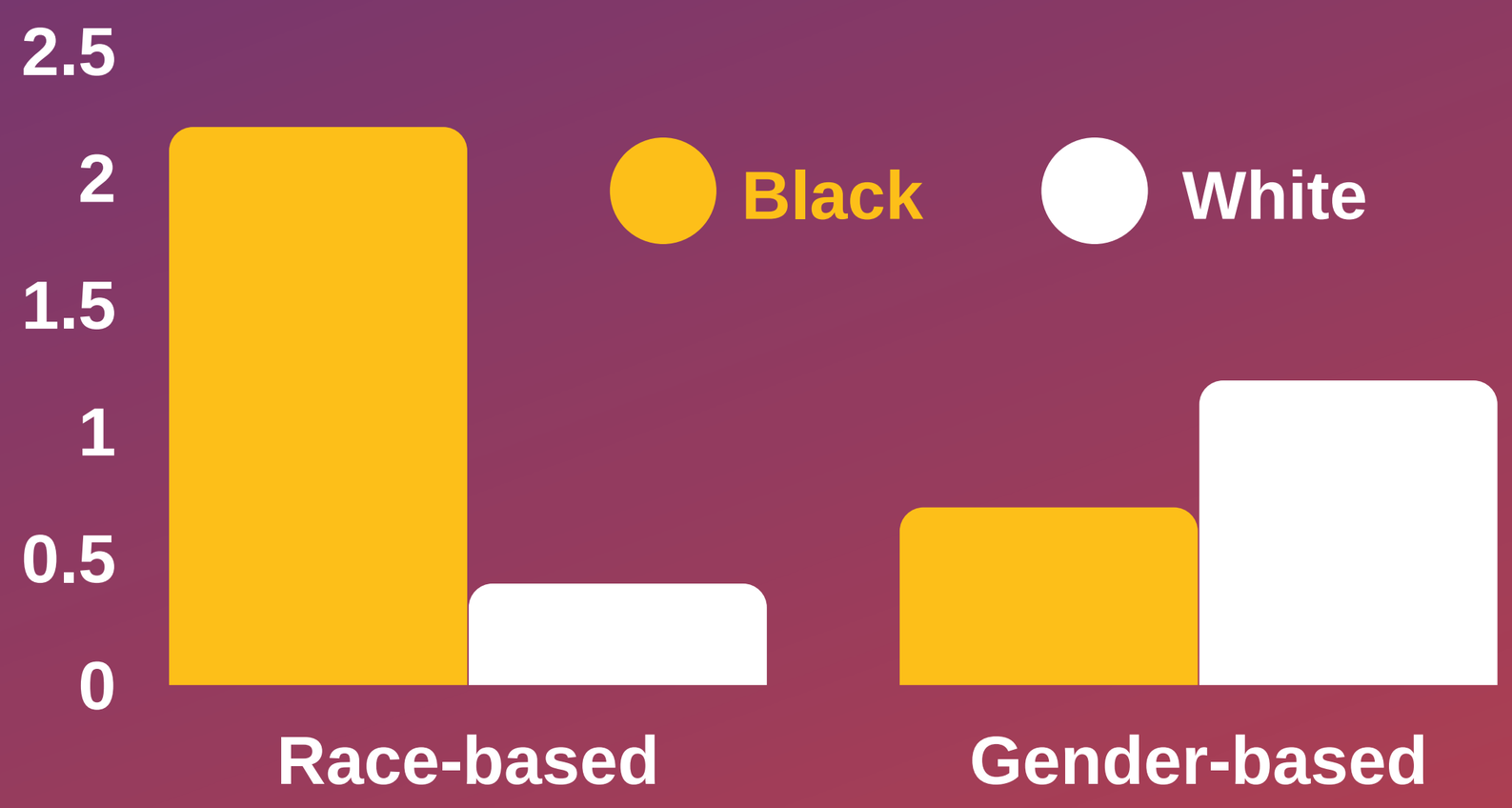
Discrimination During Pregnancy

The **Postpartum Mothers Mobile Study (PMOMS)** surveyed participants on their **experiences of discrimination** during pregnancy. Here we illustrate the **frequency of these experiences** among participants, including whether the **unfair treatment** was perceived to be based on their **race or gender**.

Average number of reported discrimination experiences over a 4-week period



Black study participants were more likely to report discrimination (e.g., being unfairly fired) based on their race, while White participants were more likely to report discrimination based on their gender.

Reference: Mendez DD, Sanders SA, Lai YH, et al. Ecological momentary assessment of stress, racism and other forms of discrimination during pregnancy using smartphone technology. Paediatr Perinat Epidemiol. 2020 Sep;34(5):522-531.

Learn more at pmoms.pitt.edu