

Postpartum **MO**thers **M**obile **S**tudy

Winter 2020 Newsletter

In March of this year, when COVID-19 cases began to spread across the country, PMOMS stopped recruitment of participants and transitioned to conduct all study activities remotely. The PMOMS staff also began working remotely, keeping in touch with participants via phone and email.

Please contact us if you need any additional support or services during the pandemic, such as:

- COVID-19 testing
- Diapers
- Food assistance
- Menstrual products
- Rent assistance

PMOMS@pitt.edu
412-624-3029

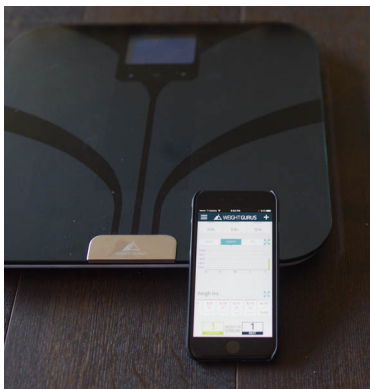
**Has your phone number or
address changed recently?**
Let us know!



**University offices will
be closed from
December 21, 2020 to
January 3, 2021.**

Our staff response to emails and calls will be delayed. Please contact us via email or phone by the end of the day on Friday, December 18th if you want your surveys to be paused during that time.





Thank you to all our participants for their contributions!

Over the last 3 years, we recruited **313** participants, issuing over **300** smart scales and over **100** smart phones.

Our team has published 2 articles so far using data contributed by PMOMS participants.

Visit our website at pmoms.pitt.edu to learn more about our co-investigators, staff, and study publications.

Please contact us if you are interested in reading the full articles, as they may not be publicly available.



Baby's 1st birthday coming up?


Look for a call from PMOMS staff for your 1-year postpartum study visit (via phone), which includes:

- Reporting your weight and baby's weight
- Questionnaires about your overall health, mood, and infant feeding habits
- 24-hour recall of food and drink intake

Earn \$15 in compensation for completing this visit.

PMOMS Contact Information

 PMOMS@pitt.edu

 **412-624-3029**

NOTICE FOR 2020 INCOME TAX:

As a research participant, if you received \$600 or more in compensation this year (from PMOMS and/or other studies), you will receive the 1099-MIS form from the IRS. This is mandated by federal law.

Please contact the IRS or your tax preparer if you have any questions.